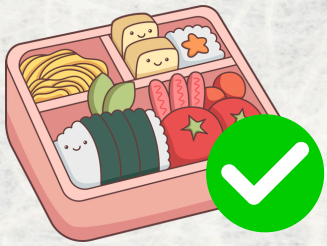
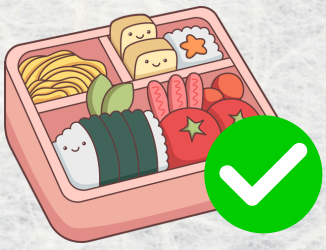
Hong Kong Japanese School
School Lunch Menu

Menu period: **1–24 December 2026**

	A	B	C	D
				
1 Dec TUE	 HK$50 Teriyaki Chicken with Grilled Beef Bowl	 HK$50 Pork Cutlet with Japanese Curry	 HK$50 Salmon Meunière with Mushroom & Spinach Cream Sauce ①③④⑤	 HK$50 Teriyaki Chicken with Fried Udon ①
2 Dec WED	 HK$50 Teriyaki Chicken Rice Bowl ⑦	 HK$50 Pork Cutlet with Japanese Sesame Sauce	 HK$50 Chicken Burger with Potato Croquette ①	 HK$50 Osaka Fried Noodle with Beef Steak ①
3 Dec THU	 HK$50 BBQ Chicken with Asparagus & Corn	 HK$50 Honey Miso Pork	 HK$50 Eel Fried Rice with Fried Dumplings	 HK$50 Osaka Fried Noodle with Beef ①
4 Dec FRI	 HK$50 Herb Chicken & Jumbo Sausage with Onion Sauce	 HK$50 Baked Pork Chop with Tomato Sauce Rice	 HK$50 Hot Dog with Fried Shrimp ①②	 HK$50 Loco Moco (Teriyaki Hamburger & Fried Egg) ⑦

Food allergy information: ① Gluten ② Shellfish ③ Fish ④ Dairy ⑤Mushrooms ⑥ Soy ⑦ Eggs ⑧ Peanuts ⑨ Nuts

Hong Kong Japanese School
School Lunch Menu

Menu period: 1–24 December 2026

	A	B	C	D
7 Dec MON	 HK$50 Japanese Chicken Curry ①	 HK$50 Beef Steak Rice Bowl with Yakiniku Sauce	 HK$50 Teriyaki Halibut Rice Bowl ③	 HK$50 Tofu Burger & Vegetables with Teriyaki Sauce ⑥
8 Dec TUE	 HK$50 Chicken & Soft Egg Rice Bowl ④⑦	 HK$50 BBQ Pork Cutlet Rice Bowl with Vegetable Croquette ①	 HK$50 Omelet Rice with Seafood & Truffle Cream Sauce ①②③④⑦	 HK$50 Japanese Pork Fried Noodle with Dumplings ①
9 Dec WED	 HK$50 Grilled Chicken with Spring Onion Salt Sauce	 HK$50 Pork Yakiniku & Nanban Chicken with Tartar Sauce ⑦	 HK$50 Fried Fish Fillet Burger & Chicken Wings ①③	 HK$50 Rosemary Chicken with Japanese Fried Udon ①
10 Dec THU	 HK$50 Chicken Rice with Corn Cream Sauce ①④	 HK$50 Pork Enoki Rolls Rice Bowl ⑤	 HK$50 Grilled Salmon in Saikyo Miso ③	 HK$50 Osaka Fried Noodles with Gyoza & Fish Cake ①
11 Dec FRI	 HK$50 Chicken Karaage with Sesame Sauce Bowl	 HK$50 Beef Bowl	 HK$50 Hot Dog & Chicken Karaage with Tartar Sauce ①⑦	 HK$50 Okinawa-Style Onigiri (Miso Pork / Yakiniku / Fried Shrimp) ②④⑦

Food allergy information: ① Gluten ② Shellfish ③ Fish ④ Dairy ⑤Mushrooms ⑥ Soy ⑦ Eggs ⑧ Peanuts ⑨ Nuts

www.ghfoodservice.com 製造商：大和餐飲服務有限公司 (Great Harmony Food Service LTD) 地址：葵涌打磚坪街49–53号華基工業大厦第二期14樓 C室

Hong Kong Japanese School
School Lunch Menu

Menu period: 1–24 December 2026

	A	B	C	D
14 Dec MON	 HK$50 Cheddar Cheese Chicken with Vegetables & Rice ④	 HK$50 Hatcho Miso Beef Rice Bowl	 HK$50 Salmon Rice Bowl with Kabayaki Sauce ③	 HK$50 Classic Meat Sauce Spaghetti ①④
15 Dec TUE	 HK$50 Honey Miso Chicken & Beef Yakiniku Rice Bowl	 HK$50 Triple Cheese Beef Yakiniku Bowl ④	 HK$50 Seafood Doria with Black Truffle Cream Sauce ①②③④	 HK$50 Chicken Burger with Japanese Gyoza ①
16 Dec WED	 HK$50 Japanese Egg & Chicken Rice Bowl (Oyakodon) ⑦	 HK$50 Teriyaki Beef Steak with Eggs Rice Bowl ④⑦	 HK$50 Omelet Rice (Tomato & Sausage) with Cream Croquette ①④	 HK$50 Rosemary Chicken with Japanese Fried Udon ①
17 Dec THU	 HK$50 Japanese Chicken Curry ①	 HK$50 Pork Enoki Rolls Rice Bowl ⑤	 HK$50 Two Rice Balls & Chicken Karaage (Salmon & Greens / Sausage, Corn & Edamame) ③	 HK$50 Cheese Hamburger with Japanese Curry Rice ④
18 Dec FRI	 HK$50 Hatcho Miso Chicken Rice Bowl	 HK$50 Pork Cutlet with Japanese Sesame Sauce	 Fried Fish Fillet Burger & Chicken Wings ①③	 HK$50 Okinawa-Style Onigiri (Miso Pork / Yakiniku / Fried Shrimp) ②④⑦

Food allergy information: ① Gluten ② Shellfish ③ Fish ④ Dairy ⑤Mushrooms ⑥ Soy ⑦ Eggs ⑧ Peanuts ⑨ Nuts

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Hong Kong Japanese School
School Lunch Menu

Menu period: **1–24 December 2026**

	A	B	C	D
21 Dec MON	 HK$50 BBQ Grilled Chicken	 HK$50 Beef Steak Rice Bowl with Yakiniku Sauce	 HK$50 Omelet Rice (Tomato & Sausage) with Cream Croquette ①④	 HK$50 Tofu Burger & Vegetables with Teriyaki Sauce ⑥
22 Dec TUE	 HK$50 Chicken & Soft Egg Rice Bowl ④⑦	 HK$50 Japanese Beef Yakiniku Bowl ④⑦	 HK$50 Hot Dog with Fried Fish Fingers ①③	 HK$50 Japanese Pork Fried Noodle with Dumplings ①
23 Dec WED	 HK$50 Grilled Chicken with Spring Onion Salt Sauce	 HK$50 Taiwanese Braised Pork Rice ⑦	 HK$50 Salmon Meunière with Mushroom & Spinach Cream Sauce ①③④⑤	 HK$50 Classic Meat Sauce Spaghetti ①④
24 Dec THU	 HK$50 Teriyaki Chicken Wrap with Potato Croquette ①⑤⑦	 HK$50 Beef Enoki Rolls Rice Bowl ⑤	 HK$50 Grilled Salmon in Saikyo Miso ③	 HK$50 Omelet Fried Noodles with Japanese Gyoza ①







Food allergy information: ① Gluten ② Shellfish ③ Fish ④ Dairy ⑤Mushrooms ⑥ Soy ⑦ Eggs ⑧ Peanuts ⑨ Nuts

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Hong Kong Japanese School
School Lunch Menu

Menu period: 1–24 December 2026

About Allergy Labelling

Our menu uses the following nine major allergen categories:

① Gluten (wheat-based noodles and flour dishes)
② Shellfish
③ Fish
④ Dairy
⑤ Mushrooms
⑥ Soy
⑦ Eggs
⑧ Peanuts
⑨ Nuts

Labelling rules

Trace amounts from batter, seasonings or side dishes are not listed. Only main ingredients that make up at least 30% of a dish are shown. (For example, yakisoba and yaki-udon are labelled for gluten.)

Please note

All food is prepared in the same kitchen, so trace cross-contact cannot be completely prevented. Please contact us in advance if your child has a severe allergy.